

# Homework support checklist

Keep homework time predictable with short focus blocks and clear cues.

## Homework routine

- %i Clear workspace and reduce distractions
- %i Set a 10–15 minute focus sprint
- %i Use a visual timer
- %i Take a 3–5 minute movement break
- %i Celebrate completion

## Support cues

1. “We can do just one small piece.”
2. “Let’s set a timer and stop when it rings.”
3. “Do you want to read aloud or use a helper?”