

Disclosure conversation planner

A thoughtful, non legal planning sheet for workplace disclosure conversations

What I want to share

- %i The impact on my work (short)
- %i The support that helps
- %i How we can review it

Suggested wording

"I'd like to share that I work best with a few practical adjustments. These help me stay focused and meet expectations."

Next steps

1. Agree adjustments to trial
2. Set a review date
3. Confirm key points in writing